



UPCOMING EVENTS

ELUMINATE SESSION

“Recognizing Substance Abuse As a First Sign of Stress and Trauma”

Professor Terence McPhaul
and Dr. Gladys Merrick
Wednesday, June 4, 2008
2:00pm
Eastern Standard Time

This session will address identifying stress and trauma in teens and young adults, and how common manifestations may go unrecognized.

To join the session or to view previous sessions, visit our web site at www.hbcunrc.net

Photo: Presidents Michael J. Sorrell (Paul Quinn College) and Walter M. Kimbrough (Philander Smith College) at the 10th Annual Dr. Lonnie E. Mitchell Conference



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HBCU-NRC: Continuing Its Mission...

The HBCU-NRC (Historically Black Colleges and Universities – National Resource Center for Substance Abuse and Mental Health Infrastructure Development), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT) and Center for Mental Health Services (CMHS), has three goals:

- 1) Establish a national network of HBCUs to facilitate collaboration among the 103 HBCU institutions;
- 2) Support culturally appropriate substance abuse, mental health prevention, treatment, student health and wellness needs on HBCU campuses; and
- 3) Facilitate the design of courses, minors/majors and undergraduate and graduate degree programs that are consistent with state requirements and encourage student interest in substance abuse and mental health.

In year three, the HBCU-NRC sponsored 150 students and 55 faculty members to attend the 10th Annual Dr. Lonnie E. Mitchell National Substance Abuse and Mental Health Conference in Atlanta, Ga., and hosted a Curriculum Development Workshop in Charlotte, N.C.

The HBCU-NRC also implemented the Elluminate online series. Courses offered included “Program Assessment; Planning for Evaluation Now & For The Future” by Dr. Tabia Akintobi and “Barriers to HIV Prevention and Care Due to Consumer Substance Abuse and Chemical Dependence” by Professor Terence McPhaul.

The mini-grant program continues and 17 schools received funding to support suicide pilots/trauma response projects, bringing the total number of schools to receive mini-grant funds to 54.

The HBCU-NRC also provides technical assistance to HBCUs to implement, enhance and/or expand their substance abuse and mental health course offerings and degree programs.

For additional information, log on to www.hbcunrc.net or contact the HBCU-NRC office at 1-888-HBCUNRC (1-888-422-8672).

HBCU Peer Educators Leadership Summit on Suicide Prevention

The HBCU Peer Educators Leadership Summit on Suicide Prevention was held as a pre-conference activity of the 10th Annual Dr. Lonnie E. Mitchell Conference.

Student peer educators and their advisors from institutions around the country attended this day-long summit, which was designed to give participants additional knowledge, skills and strategies to address a major public health concern: suicide prevention on college campuses.

Participants heard from national experts in the field highlighting best practices for college suicide prevention, including QPR gatekeeper training, and networked with peer educators from other HBCU schools. They also participated in the development of a national agenda to increase the number of peer educators on HBCU campuses knowledgeable about suicide prevention.



The 10th Annual Dr. Lonnie E. Mitchell National Historically Black Colleges & Universities Substance Abuse and Mental Health CONFERENCE



Left: Dr. Terry Cline, SAMHSA Administrator, speaks with LEM participants. Above: An LEM student participant visits a vendor booth.

The 10th Annual Dr. Lonnie E. Mitchell National HBCU Substance Abuse and Mental Health Conference continued the legacy and work of the late esteemed educator, administrator, policy advisor and psychotherapist. The theme for this year's conference was *A Decade of Promoting Leadership and Workforce Development in Substance Abuse and Mental Health*.

The conference was held in Atlanta, Ga. at the Omni Hotel at CNN Center, from April 2-5, 2008. Students, faculty and professionals nationwide joined together to obtain information on the latest best practices and evidence-based research in substance abuse and mental health treatment, prevention and education. More than 400 were in attendance at the conference.

The program for the conference was designed to:

- Provide a forum for exchange of cutting-edge knowledge of substance abuse and mental health treatment, prevention, research and education as it relates to African Americans;
- Create an avenue for HBCU students to network with their peers and experts in the fields of substance abuse and mental health;
- Increase the number of African Americans and other minorities in substance abuse and mental health treatment, prevention, research and education; and
- Increase awareness among HBCUs and faith-based communities of substance abuse and mental health needs.

A photo gallery is available on our web site. Presentations from the conference will be posted on our web site soon.



CONGRATULATIONS To our 2008 Mini-Grant Recipients!

Alabama A&M University
Dr. Shelley Wyckoff

Alcorn State University
Dr. Jan Duncan

Benedict College
Millercin F. Weeks

Edward Waters College
Melvin Alston Jr.

Grambling State University
Dr. Charles Humphrey

Hampton University
Dr. Linda Kirkland-Harris

Huston-Tillotson University
Dr. Debra L. Murphy

Harris-Stowe State University
Dr. Vicki Bernard

Jarvis Christian College
Dr. Kathryn Mosse

Morehouse College
Dr. Rosemary Armstrong

**North Carolina Central
University**
Donnie Charleston

Paul Quinn College
Dr. Melvin Earnest

St. Augustine's College
Dr. Robin Exum-Calhoun

Selma University
Dr. Kirit Chapatwala

Spelman College
Dr. Ave Marshall

Stillman College
Jacqueline Curry

**University of Arkansas
Pine Bluff**
Shawn Linton

Curriculum Development Regional Workshop

This year's HBCU-NRC Curriculum Development Regional Workshop theme was "Substance Abuse and Mental Health Curriculum Development: Enhancing Capacity-Building and Infrastructure Development." The purpose of the regional workshop was to facilitate the building of relationships between behavioral sciences, behavioral health, substance abuse and mental health academics and members of the information technology departments on HBCU campuses in order to provide an atmosphere for institutional representatives to establish and achieve substance abuse and mental health curricula writing goals.

At the end of the workshop, faculty were able to:

- Understand the process of programmatic accreditation;
- Understand the process of developing an accredited Marriage and Family Therapy Program;
- Understand the process for offering online courses through Blackboard and WebCT Technology;
- Establish on-going relationships with information technology staff;

- Understand best practices in mental health and substance abuse teaching;
- Include evidence-based research in teaching strategies; and
- Increase interdisciplinary endorsements and program collaboration efforts campus-wide.

Workshop topics included: "Overview of Mental Health and Substance Abuse Courses and Programs;" "Course Compliance with State Licensure/Certification Requirements in Substance Abuse and Mental Health;" "Benefits of Accreditations for Mental Health and Substance Abuse Education Programs;" "Blackboard/WebCT Teaching Demonstration;" "Curriculum Infusion – Substance Abuse;" and "Membership in Essential Academic, Certification, Accreditations and Support Organizations."

Illuminate Online Sessions

Illuminate is a leading provider of live Web conferencing and eLearning solutions. The HBCU-NRC began its first Illuminate in 2007. Topics have included: Laying the Foundation for College Counseling Centers; Ethics; Barriers to HIV Prevention and Care Due to Consumer Substance Abuse and Chemical Dependence;



Program Assessment Planning for Evaluation Now & For the Future; Pharmacology of Addiction: Alcohol-Related Disorders; and Cultural Competence in Effective Care: One Size Does Not Fit All.

Future Illuminate Topics include: Ethics; Recognizing Substance Abuse as a First Sign of Stress and Trauma; and Mini-Grant Technical Assistance.

For more information on future Illuminate offerings or to view past presentations, please visit our web site at www.hbcunrc.net

10th Annual Dr. Lonnie E. Mitchell Conference Photos
(visit our web site for more! www.lemconf.com)



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